

A 2nd Chance to S.M.I.L.E. The rest of the story.

A Look at Feminist Therapy

Addictions Counseling with Sexual Minority Clients

Addressing Religious Trauma in Counseling: Navigating Adverse Religious/Spiritual Experiences

ADHD: The Counselor's Role in the Client Experience

AI in Counseling: Balancing Innovation and Ethics

AI in Counseling: Balancing Innovation and Ethics, An Overview

An Impossible Task: Supporting the Work of Women

An Introduction to the Therapeutic Powers of Play

Barriers to Mental Health Counseling in Appalachia: Revisiting Ten Years Later

Be the Example: Exploring Intentional Self Care the Helping Professional

Becoming the Counselor and the Supervisee in a Changing World

Bridging The Gap: Re-Engaging High Risk Students

Building Bridges: Strategies for Cross-Cultural Counseling

Building Trauma Informed Classrooms

Celestial Mother and Psychology: Healing Childhood Developmental Trauma

Child Maltreatment Insights: Statistics, Findings, and Practical Tips

Choice Theory Goes To The Movies

Community Power Event

Connecting to Adolescents in Counseling or the Classroom.

Consciousness Focusing: A Cognitive Therapy

Considerations for Counseling LGBTQ+ Adults from Rural Appalachia

Controlling Chaos: Reality Therapy for Substance Abuse

Counseling Gen Z Clients: Trends, Problems, Causes, Interventions

Counselor Identity, Self-Care, and Burnout in Kentucky

Counselors & Helping Animals - Understanding Your Limits & Boundaries

Creating Habits, Routines and Contexts for ADHD Action

Crisis Intervention

Decoding Sandplay: Interpreting Placement, Symbols, and Colors

Demystifying Counseling Strategies for Deviant Sexual Behaviors

Designing Virtual Playrooms for Kids and Adolescents

Diagnostic and Treatment Updates for ADHD

Discovering One's Racial Identity Status Using the RISSA

Documentation That Gets Result\$

Easing the Burdens in a Substance Use Assessment

Embracing Hyperfixations: Therapeutic Superpowers

Empathy and the Therapeutic Relationship for Pregnancy and Infant Loss Clients through an Adlerian Perspective

EmpowerED Futures: A Group Plan for Retaining At-Risk Youth

Empowering Kentucky's Queer Youth: Considerations for Counselors

Encouraging Social Interest through Adlerian Play Therapy

Ethical, Not Popular

Evidenced-Based Treatments for Clients Experiencing Vaginismus

Evolutionary Science and Counseling
Experiential Activities in Counseling
Exploring multi-culturally appropriate models of supervision
Finding Poems in Grief Dreams: Making Meaning of Personal Loss
Fostering Children's Crucial Cs
Grief in Children
Guided Meditation and Secular Spirituality for Counselor Wellness
Healing Queer Trauma & Wounded Attachments
Improving mental health and social capital in therapy and Corrections
Integrated Dual-Diagnostic Care: Many minds. Many Solutions
Intersectionality: Let's Talk About It
Is it Narcissistic Abuse or Are They Just a Jerk?
Maybe it's just a symptom of being human.
Me and All My Parts! A Dissociative Identity Disorder Case Study
Mental Health and Its Impact on student behaviors in the classroom
Mental Health Care Access for People with Disabilities
Mental Health Task Force Strategic Plan and Outcomes
Military Matters: Integrating Suicide Prevention Into Daily Practice
Moral Injury and Trauma-Informed Care
Motivational Interviewing Basics: Helping People Change and Grow
Nutrition in Counseling: The Food-Mood Connection
Piecing Together an Accurate Diagnosis
Providing Mental Health Services in KY Schools
Psychophysiology & Motivation
Reaching All Students Every Week!
Repurposing/Recycling to Enhance the School Counseling Program
Reunification Therapy
Rewiring Your Brain's Reward Center for Lasting Change
Self-Acceptance and Grace Among Sexual and Gender Minority Undergraduates
Soulful Counseling: A Different Holistic Approach to Counseling
Stop Avoiding Avoidance and ACT on it!
Strengthening the Therapeutic Relationship with First Responder Clients
Supporting LGBTQIA+ Youth: Strategies for Counselors
Talking to Supervisees (and Supervisors) about Ethics
The Counselor Interaction Analysis: Skill Development in Supervision
The Five A's of Cultural Competency
The Fundamentals of Working with Clients with OCD
The Human Animal Bond: Implications in Mental Health, Treatment, and Clinical Practices
The Matrix Model - What it is
The Unmet Need How Ketamine and Psychedelics are the future of behavioral health.
Thwarted belongingness and its relationship to burnout in KY clinicians
Tough Talks: Limiting Lethal Means Access for Suicidal Clients
Trauma brains learn differently

Understanding and Addressing the Effects of Poverty and Low-Income
Understanding Autism Spectrum Disorder (ASD): Diagnostic Search in Session
Understanding Motivation to Work: Counseling Individuals in Poverty
Unveiling the Tapestry: Counseling Adult Adoptees
Utilizing and Supporting Counselors-In-Training Through the Clinical Experience
Utilizing Logotherapy in School & Clinical Settings
Virtual Reality Therapy: Anxiety in the Digital Age
What is your "Theoretical Orientation"?
When Grief Gets Complicated
Working with Clients from Low-income Backgrounds
Working with Grief in a Changing World
'YES I CAN': Utilizing the power of positive thinking to overcome an 'I CAN'T' mentality.
You Belong!