

## KCA Annual Conference November 6-7, Breakout Sessions as of 7/28/25



ABC - Don't Suspend Me! Alternatives for Truancy and Behavior  
Addressing Internalized Ableism in AuDHD Clients  
Anchoring Hope: A Counselor's Role in School-Based Crisis Response  
Applying the 7 Rs Model with ADHD Clients Through an ACT Lens  
Backpack Adlerian Play Therapy: Fast, Game-Based Interventions  
Beyond the Baby Blues: PMADs Uncovered  
Beyond the Bell: Trauma-Informed Strategies for Student Success - How to Deal with Rejection  
Beyond Wellness: How Counselors Can Support Thriving in Older Adulthood Through Community and Connection  
Broaching Religion and Spirituality Issues Among LGBTQ+ Community  
Cape and Kryptonite  
Compassion Without Collapse: Self-Care for Counselors  
Conducting Psychosocial Assessments in Context of Immigration Law  
Connecting to Your Community: Professional and Legislative Advocacy  
Consideration of a Paradigm Shift in Psychotherapy  
Counseling For Love and Happiness  
Craving Community Dreading Closeness  
Data Driven School Counseling: Strengthening Support and Belonging  
East Meets West: Whole Body Whole Mind  
Empowering the Therapeutic Alliance  
Erickson's Trauma Spear  
Ethics and Regulatory Compliance  
Fat is not a Dirty Word; Countertransference in the Diet Culture Era  
From the Holler to the Hood: Treatment Implications for Underserved Populations  
Healing Journey: Therapeutic Support for Sexual Trauma Survivors  
Healing Through Awareness: Addressing Race-Based Trauma in BIPOC Communities with Mindfulness  
Healing Through Music  
Helping LGBTQ+ Students Make Informed Decisions about College Type and Campus Engagement  
How Discriminatory Laws Against the LBBTQIA+ Population Affects Menta  
How to be an Ethically Responsible Counselor While in Crisis  
Impacting Psychological Distress for LGBTQ+ Students in Public and Faith-Based Higher Education: The Impact of Self-Acceptan  
Self  
Innovative School Counseling Practice with the Power of Therapeutic Play  
Innovative Ways of Healing Trauma: A Six Stage Model of Trauma and Recovery  
Integrating Nutrition and Exercise in Clinical Counseling  
Integrating Spiritual and Religious Expressions into Group Counseling  
Is Supervision for You?  
Lego Therapy: The Basics and Beyond  
Let's Redefine Those Clichés on Aging  
LPC Board Educational Session  
Mental Health & Faith: Ethical Spiritual Integration in Therapy  
MHIDD 101  
"Mind Over Matter: Harnessing Hypnosis and Mindfulness for Whole-Person Wellness"  
Navigating the Current Landscape of Gender Affirming Care for Adolescents and Adults  
No Child Left Inside: Connecting with Nature's Commuity

Piecing Together an Accurate Diagnosis  
Piecing Together Quality Clinical Documentation  
Queer Conversion Therapy: Legal Does not Mean Ethical  
Religious Trauma's Impact on Adult Identity  
Restoring the We: The Art of Rupture Repair  
Riding Through Recovery: Motorcycle-Assisted Group Therapy  
Satir's Human Validation Model for Better Understanding of Clients  
School Counselors' Experiences with Social Emotional Learning (SEL)  
Self Injury: Responding to the Pain Behind the Pain  
Social Media Impact on Youth in Substance Use  
Spring Cleaning of the Mind - Decluttering the Mind to Prevent Burnout  
Support and Struggle: Psychological Symptoms Among Autistic College Students in An Autism Support Program  
Support International Students and Workers Through Transitions  
The Calm Parent: How Self-Regulation Shapes Parenting Style and Child Development  
The Competency and Ethical Compass: Guiding Masters Students to Clinical Success  
The Connected Self: Rewiring High-Achievers for Fulfillment  
The History and Impact of the Professional Licensure Law in Kentucky  
The Importance of Touching Grass in the Modern World  
The Space Between Us: Stories that Heal  
The Therapeutic Power of Music: Understanding Its Impact on Clients  
The Unique Mental Health Needs of Military Families and Clients  
Therapyspeak, Couples Counseling, and the Digital Era  
Tiny Figures, Big Insights: Miniatures in Play Therapy  
Trauma Informed Strategies Embedded in Culturally Responsible Treatment Strategies  
Treatment of Psychosis: A Comprehensive Overview  
Understanding Adolescents: It Is Possible  
Unmasking Neurodivergence Providing Neurodiversity-Affirming Therapy  
Using the Crucial Cs with Neurodivergent Children  
What is Your Different Ability? Counseling the Special Needs Individual  
When ACE is a Losing Hand  
When It Counts: Conducting Risk Assessments in Schools  
Working with Clients or Students Experiencing Housing Insecurity  
You're Safe Here: Mental Health Care and Advocacy for Campus Sexual Assault Survivors