

2016 KCA CONFERENCE BREAKOUT SESSIONS AT A GLANCE (Draft)

* RECOMMENDED FOR GRADUATE STUDENTS AND NEW COUNSELORS / ** RETIRED OR NEARING RETIREMENT

Nov 10, 2016 THURSDAY	FEATURED SESSIONS	CLINICAL MENTAL HEALTH and INDIVIDUAL TRAUMA		CLINICAL AND SCHOOL BASED	SCHOOL COUNSELING		ETHICS & LEGAL ISSUES	MILITARY COUNSELING	RESEARCH in COUNSELING	SUBSTANCE ABUSE
Nov 10, 2016 EARLY BIRD Thursday 7:30 – 8:15	Coffee Chat in Pendleton Room *First Timers and New Counselors (Door Prizes!)	100A <i>Five Essentials for Good Supervision</i> Dr. Patrick H. Hardesty; Dr. Nancy J. Cunningham	100B <i>Using Narrative Stories to Help Children Heal from Trauma</i> Janet Vessels, LPCC, EMDR	100C <i>A Walk on the Wild Side: Engaging Clients through Adventure-Based Counseling</i> Dr. Charles E. Myers LCPC-IL, NCC, NCSC, ACS, RPT-S, Asst. Prof - EKU						
Sessions 101 - 112 Thursday 8:20 – 9:10	*101 <i>Choosing Love</i> Scarlet Lewis, Keynoter, Inspirational Speaker	102 <i>Bridging the Gap Between Adlerian Psychology and DBT</i> Normanda Lawless: LPCA, NCC, M.A.E. MFCFC *103 <i>Transitions in Aging: Coming to Terms with Change</i> Hannah M. Coyt: LPCC, NCC, CCMHC	104 <i>Trauma Therapy that Moves You</i> Dr. Virginia T. Holeman: LPCC 105 <i>Challenges Working With Appalachian Clients: Addressing Social Justice and Advocacy</i> Dr. Tina Marie Glover: LPC, CRC, CADC II;	106 <i>The Complexity of Treating Eating Disorders</i> Andrea L. Barbian - PhD Candidate in Counselor Ed. And Supervision at University of the Cumberland	107 <i>Balancing a Full Plate – Exploring the ASCA National Model as the Standard of Practice can Help</i> Antonio Melton, MA – School Counseling; Eef Fontanez, MA – School Counseling	*108 <i>Taking the Kentucky ILP one step further in preparing students for College and Careers</i> Pamela Gabbard, MA, NBCC, NCSC; Jennifer Pusateri, KDE	109 <i>Ethical Implications: Using Technology in Clinical Practice and Supervision</i> Ashley Nicole Brooks, LPCC, Doctoral Student; Dr. Ken Engebretson, EKU Dept. Chair	110 <i>The Trauma of Job Loss: A Phenomenological Examination of Outplacement Services</i> Dr. Larry Crouch, LPCC, EKU, Private Practice; Dr. Angela Spiers, LPCC, EKU & Private Practice	111 <i>Assessment and Counseling of Adolescent Suicidality</i> Dr. Richard S. Balkin; NCC, Shaun Sowell, Katelyn Richey, University of Louisville	112 <i>Exploring Substance Use in Appalachia: Multi-generational Conditions, Counselors and Current Interventions</i> Darlene Vaughn, CSAC, FACASAC, NCC, LPCC,
Sessions 201 – 212 Thursday 9:20 – 10:10	*201 <i>Helping Teens Who Grieve</i> Dr. Melinda Mays, LPCC, NCC; Dr. Nicole Schnopp-Wyatt; Lisa Phelps	202 <i>Effectiveness and Outcomes of Utilizing TFCBT in a Psychiatric Residential Treatment Program for Children</i> Lena Kline, LPCC, Rebecca Goines, Sunrise	*203 <i>Your Blues Ain't Like Mine: Race Based Trauma in the Social Media World</i> Roneshia Evans, M.Ed, NCC 204 <i>The Plugged-In Family</i> Janet Barnes, MA, LMFT; Tamera Fenton, LPCA	205 <i>Blobs and Pipe Cleaners: Play Your Way to Emotional Literacy</i> Keri Kitchen, LPCC, NCC, Amy Holsinger, LPCC, RPT-S	*206 <i>Stopping Bullying in its Tracks: An Overview of the Olweus Bullying Prevention Program</i> Victoria Fields, MA, KDE Safe Schools Program Consultant	207 <i>Student Support Services Team</i> Andrew Thomas, MA-School Counselor; Mary Ann Tackett, MA- School Counselor 208 <i>Advisory: Building Social & Emotional Success in Students</i> Julie Williams, Carol Lockard, School Counselors	209 <i>Gatekeeping in Counseling: The definition and application for enhanced outcomes for clients</i> Dr. Ken Engebretson, EKU; Ashley Nicole Delatore-Brooks	210 <i>Supports for Military Counseling</i> Heath Dolen and John Mustain	211 <i>Listening to Sexual Minority Christians Across Time and Place: A Survey of Students</i> Dr. Stephen P Stratton; Dr. Janet B. Dean; Dr. Mark A Yarhouse	212 <i>Substance Abuse and Co-occurring Disorders</i> Todd Radford, LPCC, Doctoral Candidate at University of the Cumberland
10:30 – 11:30	GENERAL SESSION in Taylor/Whitley Room on 2 nd floor. Keynoter: Scarlet Lewis, Author of <i>Nurturing Healing Love</i> (Mother of Jesse, victim of 2012 Sandy Hook tragedy)									
11:45-1:00	LUNCHEONS: KSCA in Poolside Exhibit Hall LPCA/LPCC in Coronet A/B					Box Lunches in Crowne A Exhibit Hall (selection made on registration form)				

<p>THURSDAY Sessions 301 – 312</p> <p>Thursday 1:10 – 2:00</p>	<p>301 <i>Demonstration of Client Self-Evaluation: Reality Therapy in Action</i> Dr. Robert E. Wubbolding, LPCC, BCC, NCC</p>	<p>302 <i>How Could We Have Not Known? Helping Families Through Transgender Transition</i> Janet Vessels, LPCC, RPT-S; Dawn Wesley, Family Member</p> <p>303 <i>Talk is Cheap: Power and Control in Appalachian Culture</i> Aaron Frye, LPCC, NCC</p>	<p>*304 <i>How Do We Better Serve Diverse Populations? An Introduction to Understanding Race Based Traumatic Stress</i> Lauren Downey, MRC, LPCC; Joshua Elliott, LPCC</p> <p>305 <i>Domestic Violence: What Survivors Need You to Know</i> Dr. Angelia Bryant, LPCC</p>	<p>306 <i>As the Buildings came Tumbling Down: Posttraumatic Play Behaviors in Play Therapy</i> Dr. Charles E. Myers, LCPC-IL, NCC</p>	<p>307 <i>The Counselors' Role in Recognizing and Advocating for Children with Dyslexia</i> Amber Helme, LPCC</p>	<p>*308 <i>Data Collection for the School Counselor Made EZ</i> Antonio Melton, School Counselor</p> <p>*309 <i>Culturally Responsive Counseling in Multicultural Schools</i> Dr. Daya Sandhu, LPCC, NCC</p>	<p>310 SELF-CARE and Professionalism</p> <p>A Profession of Pain: Self-Care Strategies for Professional Counselors Dr. Patrice McCarter, LPCC; Ebonie Williams, Shameka Sells</p>	<p>311 <i>Using Prolonged Exposure Therapy with PTSD</i> Dr. Kathryn Russ, LPCC-S, Dr. Jennifer Werries, Univ of the Cumberland</p>	<p>312 <i>Single Out What Works: Single Case Research Design in Counseling</i> Quentin Hunter: MA CMHC, LPCA, NCC</p> <p>KAARC Presentation</p>	<p>313 <i>Stages of Change in Drug-using Trauma Patients</i> Dr. David C. Maynard, LPCC; PLLC</p>
<p>Sessions 401 – 413</p> <p>Thursday 2:10 – 3:00</p>	<p>*401 <i>Building Your Inner Team: An Experiential Approach to Trauma Prevention and Intervention</i> Dr. Jan Anderson, LPCC, Karen Smith, The Morton Center</p>	<p>*402 <i>Counseling Outside the Box: Throwing Out the Marquess of Queensberry Rules</i> Dr. Susannah Coaston, LPCC-S; Anna Rafferty</p> <p>*403 <i>Working with Clients Impacted By Trauma: Where Do I Begin?</i> Dr. Jennifer Werries, LPC, NCC CTTS</p>	<p>404 <i>The Impact of Media Exposure to Childhood Trauma</i> Susan Reid, MPCA, NCC Jarred Kelley, LPCC</p> <p>405 <i>Grief After Pregnancy Loss</i> Dr. Andrea J. Kirk-Jenkins, WKU, NCC; Martha Rawl</p>	<p>406 <i>Healing Hearts: A proposed counseling group for children experiencing anticipatory grief</i> Dr. Cheryl P. Wolf, LPCA, NCC; Rachel Archer, Samantha Wathen</p>	<p>407 <i>A New Approach to Elementary Career Education</i> Pamela Gabbard, MA – School Counseling, Career Cruising Consultant</p>	<p>408 <i>Using Evidence Based Counseling Strategies to Improve School Culture and Student Achievement</i> Eef Fontanez, School Counselor; Antonio Melton, School Counselor</p> <p>409 <i>Becoming a LGBTQ Ally for Students and Families</i> Autumn Reece, School Counselor</p>	<p>*410 <i>The Licensure Law and Regulations for LPCCs in Kentucky: Part 1</i> Dr. Ken Engebretson, ECU; Dr. Kim Naugle, ECU, LPCC Board</p>	<p>411 <i>Making Marriage Work</i> Dr. Maurice McCormick, LMHC, LPCC</p>	<p>412 <i>Understanding Nonlinear Relationships</i> Dr. Richard S. Balkin, Katelyn Richey, University of Louisville</p> <p>KAARC Presentation</p>	<p>413 <i>Implications of Marijuana in Colorado</i> Dr. Kathryn Russ, LPCC-S, NCC; Lauren Smart, Doctoral Student at University of the Cumberland</p>
<p>Sessions 501 – 513</p> <p>Thursday 3:10 – 4:00</p>	<p>*500 Round Table Discussions</p> <p>See Topics on Page</p> <p>**501 <i>Unreal Expectations of Retirement</i> Barry Adams, MAE, retired counselor, Life-styles advisor for 55+</p>	<p>502 <i>Helping Clients Let Go of Shame in Trauma Recovery</i> Linda Fentress, LPCC, CCTP</p> <p>503 <i>Marginalization, Microaggressions, and Mattering</i> Dr. Gail Grenzig, LMHC, CES</p>	<p>504 <i>The Treatment of Perfectionism in Emerging Adults</i> Dr. Susannah Coaston, LCC-S; Cortney Kaiser</p> <p>505 <i>Counselor Ed. & Supervision at ECU: Doctoral Students Share Their Personal Reflections</i> Dr. Carol Sommer and Panel Members</p>	<p>506 <i>Navigators: Helping Teens Navigate Parental Divorce and Separation through Small Group Counseling</i> Dr. Cheryl P. Wolf, LPCA, NCC</p> <p>507 <i>Adolescent Wallflowers: Research/Treatment Strategies</i> Dr. Russell Hall</p>	<p>*508 <i>Play Therapy Goes to School</i> Janet Vessels, LPCC, RPT-S; Any Holsinger, LPCC, NCC, RPT-S</p>	<p>*509 <i>Keeping Up with Critical College Access Changes</i> Amanda Keller, KHEAA</p>	<p>See Round Tables List</p>	<p>See Round Tables List</p>	<p>510 <i>The Trials and Struggles of Women in the Workforce: Job Satisfaction in the Appalachian Region</i> Dr. Kimberly Brown, LWC, Mose Beaty</p>	<p>511 <i>The Impact of Religion in Substance Use Disorder Patients in Recovery</i> Rev. Livinus C. Uba, LCADA, LICDC, ICADA, NCC</p>

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Nov 10, 2016 THURSDAY	FEATURED SESSION	CLINICAL MENTAL HEALTH and INDIVIDUAL TRAUMA			CLINICAL and SCHOOL BASED	SCHOOL COUNSELING		ETHICS & LEGAL ISSUES	SELF-CARE and Professionalism	SUBSTANCE ABUSE
THURSDAY Sessions 601 – 612 Thursday 4:10 – 5:00	*601 <i>Why Should Counselors Study Psychopharmacology?</i> Dr. James E. Hightower, LPC	602 <i>A Journey Through Domestic Violence</i> Suzie Jones, MPCA; Veronica Singleton *603 <i>Children in Grief: Helping Children through the Grieving Process</i> Dr. Melinda Mays, LPCC, Amy Holsinger, Dr. Nicole Schnopp-Wyatt	604 <i>Helping the Helpers: Exploring Caregiver Strain and Strategies While Serving Refugees</i> Dr. Cheryl P. Wolf, LPCA, Dr. Dawn Garrett-Wright; Dr. Sandra Starks	*605 <i>Counseling Individuals with Disabilities: An Introduction</i> Jeremy Smith, LPCC	606 <i>It's Hard Enough: Helping young LGBT students cope with suicidal crisis</i> Dr. Andrea J. Kirk-Jenkins, NCC; Samantha Wathen	607 <i>Trauma and Dissociation</i> Dawn Hinton, School Counselor, LPCC, NCC 608 <i>Foster Care Through a Therapeutic Lens</i> Kayla Clark, LPCA, NCC	*609 <i>Cultural Competency and Trauma Assessment in Students</i> Wayne Herriford, LPCA	*610 <i>The Licensure Law and Regulations for LPCCs in Kentucky: Part 2</i> Dr. Ken Engebretson, ECU; Dr. Kim Naugle, ECU, LPCC Board	611 <i>Enriching Counselor Education through Personal Story Telling: Turning Trauma Work into Teachable Moments</i> Dr. Charles E. Myers, ECU	612 <i>Minority Issues in Alcohol Substance Abuse Counseling: What You Need to Know</i> Dr. Daya Sandhu, LPCC, NCC
5:00 - 5:15	CROWNE A Exhibit Hall Prize Drawings									
5:20 – 6:45 Afternoon Meetings	KMHCA Meeting Madison Room 5:20 – 6:00 All mental health counselors urged to attend			Divisional “Meet and Greet” 5:45 – 6:30 (Poolside Exhibit Hall) Soft Drinks & Snacks Provided KCA invites all counselors to stop by and learn more about opportunities to be networked with other like-minded counselors through the various Divisions. Membership in most Divisions is free if you are a KCA member. All Divisions are welcome to participate.						
EVENING EVENTS 6:00 – 11:30pm	6:00 – 8:30 Rooms TBA EKU Reception WKCA Reception Others?		8:30 – 11:00 Informal Networking and Discussion in Poolside Exhibit Hall		9:00 – 11:30 Coronet A/B Social Event with DJ Kierre Brown					

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Nov 11, 2016 FRIDAY MORNING	FEATURED SESSIONS	CLINICAL MENTAL HEALTH and INDIVIDUAL TRAUMA	CLINICAL AND SCHOOL BASED	SCHOOL COUNSELING	ETHICS & LEGAL ISSUES ACADEMY	MILITARY COUNSELING ACADEMY	SELF-CARE and PROFESS- IONALISM	SUBSTANCE ABUSE ACADEMY		
Nov 11, 2016 EARLY BIRD FRIDAY 7:30 – 8:15				700A <i>Adlerian Play Therapy with Children with Attachment Disruptions</i> Tamera Fenton, MA			*700B <i>Go Practice Network for Mental Health</i> Katie Englert, LPCC			
Sessions 701-712 Friday 8:20 – 9:10	*701 <i>Professional Identity: Steps Toward the Bigger Picture of Professional Advocacy</i> Dr. Jennifer R. Werries, LPC, NCC, CCMHC, ACS, CTTS	702 <i>Jung’s Analytical Psychology: Contemporary Relevance</i> Dr. Carol A. Sommer, EKU; Nicole Brooks, LPCC, Karin Van Horn, LPCA *703 <i>Building Your Inner Team: An Experiential Approach to Trauma Prevention and Intervention</i> Dr. Jan Anderson, LPCC ; Karen Smith	704 <i>Developing Empathy for Clients Through a Trauma Informed Approach to Avoid Burnout</i> Justine Bradley, M.Ed.; NCC,	705 <i>Beyond the Basics: Play Therapy Interventions for School and Practice</i> Janet Vessels, MS, Clinical Practitioner 706 <i>Improving Lives by Raising Emotional Intelligence in Defiant Children</i> Lena Kline, LPCC	*707 <i>BACking Away from the BAC Role</i> Dr. Deb Amchin, School Counselor	708 <i>NCAA Initial Eligibility Rules 101</i> Lauren Rust, Assistant Athletics Director, U of Louisville	709 <i>Got Subpoena? A Discussion of Preparing for Court</i> Dr. Imelda N. Bratton, LPCC, NCC, WKU; Brian Judy, Assistant Attorney General, Commonwealth of Kentucky	710 <i>Toolkit for Working with Military Clients</i> Dr. Stephen Kiuri Gitonga **711 <i>Retired? Now What? Life Changing Thoughts....</i> Barry Adams, MAE, retired counselor, Lifestyles Advisor for 55+ Age Groups	*712 <i>The Language of Recovery: Our Words Really do Matter Part 1</i> Ed Johnson, MA, Clinical Counseling; Southeast Addiction Technology Transfer Center (Southeast ATTC) Atlanta, GA	
Sessions 801-813 Friday 9:20 – 10:10	801 <i>TOWN HALL MEETING with the KY LPC BOARD</i> Dr. Imelda Bratton, Dr. Martin Wesley, Chris Griffith	802 <i>Transgender Clients: Examining the Stresses of Marginalization</i> Joshua Elliott, LPCC, NCC; Lauren Downey, MRC, LPCC 803 <i>Exploration of Supervision: How to get the most of a Didactic Relationship</i> Dr. Tina Marie Glover, LPC, CADC II	804 <i>A Marriage or a Mirage: When Dreams become Nightmares</i> Dr. Daya Sandhu, LPCC, NCC 805 <i>Understanding and Treating Perfectionism</i> Dr. Anthony J. Headley, Counseling Psychology	806 <i>Creative Activities for Small Groups</i> Dr. Carol A. Sommer, EKU; Jan Parker, LPCC, Karin Van Horn, LPCA 807 <i>Digital Storytelling: Empowering Vulnerable Voices</i> Tamera Fenton, LPCA, Dr. Jeffrey Parsons	808 <i>School Counseling – Use of Data and Student Goals</i> Cynthia A. Sullivan, School Counselor	*809 <i>New KCTCS Assessment and Placement Policy</i> Elizabeth Cole, LPCC, NCC, KCTCS	Select A Session	810 <i>Round Table Discussion with Tammy Hurst, LPCC, R.Lt.Col;</i> Kenny Robertson, US Army Special Forces; Heath Dolen, KY Dept. of Behavioral Health	**811 <i>Reinventing Ourselves with Age- Inappropriate Shenanigans</i> Leslie C. Dunn, MA, School Counseling,	*812 <i>The Language of Recovery: Our Words Really do Matter Part 2</i> Ed Johnson, MA, Clinical Counseling; Southeast Addiction Technology Transfer Center (Southeast ATTC) Atlanta, GA
10:30 – 12:00	CROWNE A BALLROOM - Buffet Brunch, Counselor Awards and Closing Session Keynoter: Kenny Robertson, US ARMY Special Forces School – “The Mission Isn’t Over” Suggestion: Wear something patriotic									